

**The range and quality of food we can buy has changed due to technological and scientific advances. Some people believe the range and quality of food has improved while others consider it may be harmful. Discuss both points of views and give your opinion.**

Technological developments have evolved the world around us in many ways one of which is the food industry. Many ponder that this transition in food production is positive whether quantity and quality-wise (or in terms of quantity) whilst others believe that it is widely detrimental.

These days the preparation of food is much easier rather than the past. In fact it is absolutely adjusted to our modern life where we struggle with time shortage because of the hectic pace of life. It is so helpful that we can create a dish in the blink of an eye, because of the ingredient diversity including various raw materials and ready meals in different tastes, and much more besides. Not only do those options bring about an effortless supply of food, but also they satisfy almost all tastes.

However, the facilities that are brought with food development should not to lead to ignoring bring about to renounce a large number amount of detriments comprising Food additives which are chemical substances to change the taste or appearance of the food or to preserve it which are harmful for our long-term health and the Processed food that is another by-product which is treated as part of an industrial operation and worse than all is GM food. Genetically modified products pose some problems such as resistance loss to diseases and causing some serious problems in the development of organs such as the kidney and the spleen. Not only do they entails dire consequences for current consumers but also for posterity.

In conclusion, I would argue if relevant organizations consider crop yields nutritionally as much as the amount of production<sub>s</sub>, it will be more beneficial for consumers. To this end, primarily the agricultural industry can benefit<sub>s</sub> from traditional methods in the process of growing crops so that it leads to people consuming more organic food rather than synthetic.

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